

Resource Directory

for

Co-Occurring Disorders (COD) in Tennessee

Third Edition, 2007



Funded by the
Tennessee Department of Mental Health & Developmental Disabilities
Division of Special Populations & Minority Services
Office of Co-occurring Disorders Services



State of Tennessee
Department of Mental Health and Developmental Disabilities
Division of Special Populations
Cordell Hull Building, 3rd Floor
425 5th Avenue North
Nashville, Tennessee 37243

Dear Fellow Tennesseans:

The Tennessee Department of Mental Health and Developmental Disabilities is please to present to Tennesseans and their families this compilation of resources for accessing co-occurring disorder services.

This valuable information is gathered from those community resources that are committed to the care and quality of life improvement for persons with co-occurring disorders.

I applaud the collaboration, planning, and out-reach activities to provide the information in this directory, and I anticipate further capacity building as a result of those efforts.

Sincerely,

A handwritten signature in blue ink that reads "Virginia Trotter Betts".

Virginia Trotter Betts, MSN, JD, RN, FAAN
Commissioner

VTB/KH/SH

TDD (615) 532-6612 (for persons with hearing impairments)

Acknowledgements

Third printing redeveloped by
TDMHDD's Division of Special Populations,
Office of Co-Occurring Disorders, Ken Horvath,
Office of Public Information and Education, Lorene Lambert and
Printing Services Division, Graphic Arts, Richard Martin

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Electronic Access to Publication

A searchable on-line version of this publication can be accessed
through the Internet World Wide Web at
<http://www.state.tn.us/mental/specialpops/cooccurringdisorders/coocc.html>

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Tennessee Department of Mental Health and
Developmental Disabilities
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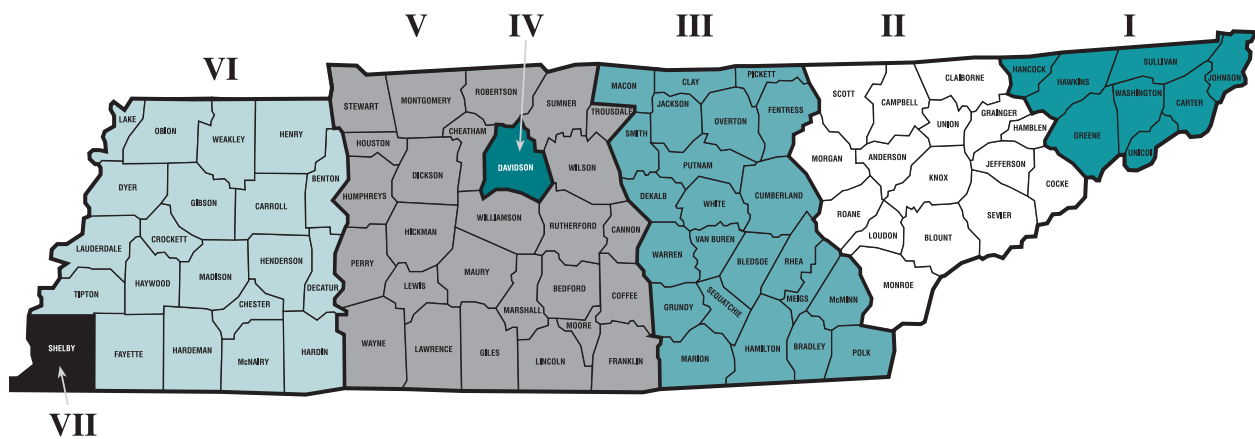
TDMHDD COD Website:

<http://www.state.tn.us/mental/specialpops/cooccurringdisorders/coocc.html>

Introduction

The Tennessee Department of Mental Health and Developmental Disabilities (DMHDD) uses the term co-occurring disorders to describe a person or service recipient as having a brain illness of at least one mental disorder along with a substance use disorder. The term co-occurring disorders is often used interchangeably with the terms dual diagnosis, co-morbidity, concurrent disorders, and double trouble. “Co-Occurring Disorders” is becoming the prevalent term and is therefore the “term of choice” for Tennessee (DMHDD).

Please note that a provider listed in this directory does not imply an endorsement from TDMHDD. Also note that the program information listed in this directory is a self report from the respective providers. Therefore, we recommend that individuals who are seeking co-occurring disorders services explore the programs under consideration to make certain that expectations for quality and service needs are addressed.



Explanation of Co-Occurring Disorders

What is a Co-Occurring Disorder?

Co-occurring disorders (COD) exist when an individual is affected by both an emotional or psychiatric disorder and a substance use disorder. These disorders together affect an individual in all life domains, including physical, mental, social, legal, financial, and spiritual. The two disorders interact in ways that make diagnosis, treatment, and recovery more challenging.

What is the cause of Co-Occurring Disorders?

The specific causes of psychiatric disorders and substance use disorders are not fully understood at this time. However, family history, genetics, brain chemistry, and environmental factors all appear to play important roles in the development and progression of both psychiatric illness and substance use.

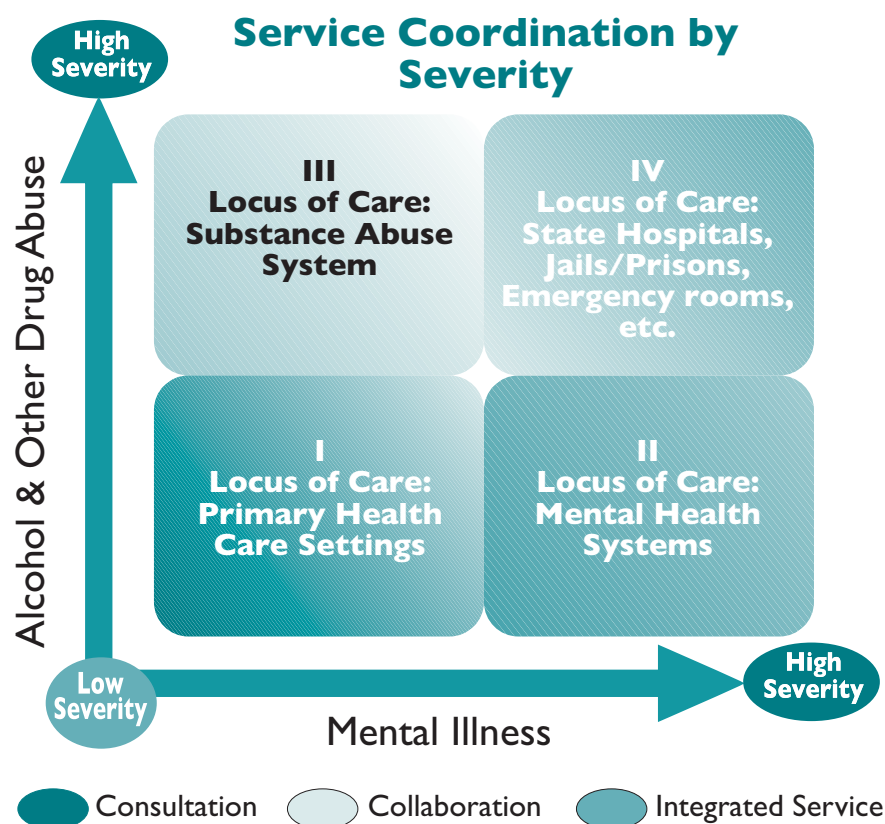
What problems can be associated with Co-Occurring Disorders?

- family problems
- employment problems
- housing problems
- school problems
- high risk behaviors
- increased emergency room services
- increased need for physical health care services
- legal problems and incarceration
- multiple admissions for substance use services
- multiple admissions for psychiatric services
- higher rates of relapse
- slower treatment progress
- refusal of services or premature discharge

How can Co-Occurring Disorders be classified?

Because significant differences between the substance abuse and mental health care delivery systems persist, a common framework has been needed to help clarify how COD can best be understood and discussed from both policy and program perspectives. To provide such a common language, the COD conceptual framework (depicted below) was developed by the National Association of State Mental Health Program Directors (NASMHPD) and the National Association of State Alcohol and Drug Abuse Directors (NASADAD).

The above framework provides a mechanism for addressing symptom severity and level of service system coordination on a continuum from less severe to more severe disorders, and from consultation and collaboration to integration, respectively. While displayed as a simple four-quadrant matrix, it encompasses the full range of co-occurring substance abuse disorders and mental health disorders (NASMHPD/NASADAD,



1999). The framework is not intended as a way to classify individual clients; rather, it displays the universe of individuals with COD (CSAT, in press). In addition, the conceptual framework specifies the level of service coordination needed by those persons in each of the quadrants. The greater the severity, the more intense the level of coordination required. Finally, the conceptual framework points to various windows of opportunity within which providers can act to prevent or deter the development of more serious disorders or the exacerbation of symptom severity for individuals of all ages.

How are Co-Occurring Disorders best treated?

Treatment Improvement Protocol (TIP) 42 developed by the Substance Abuse and Mental Health Services Administration recommends that the best practice for treating COD is through integrated treatment which includes the following characteristics:

- one program that treats both disorders.
- mental health and substance use disorders are treated by clinicians that are trained and competent in providing COD integrated treatment.
- substance abuse treatments that are tailored to clients with mental illness. These tailored treatments differ from traditional substance abuse treatment with the focus on preventing increased anxiety rather than breaking through denial.
- the therapeutic relationship emphasizes respect, understanding, and acceptance, rather than confrontation and criticism.
- harm reduction (a set of practical strategies aimed at preventing or reducing negative consequences associated with COD) is an immediate concern rather than immediate abstinence.
- slow and longer term treatment rather than rapid withdrawal and short term treatment.
- supportive clinicians that are readily available in familiar settings, rather than only during office hours and at clinics.
- support groups for those who choose to attend rather than mandating attendance.
- psychotropics and other pharmacotherapies that address psychiatric and medical needs are used rather than being contraindicated for patients in substance abuse treatment.

Further, the integrated treatment of persons with COD requires a unified approach that:

- crosses traditional boundaries between mental health and substance abuse and includes a wide array of caregivers and agencies (e.g., criminal justice, education, homelessness, and other social services agencies),
- is based upon a unified substance abuse and mental health systems approach,
- acknowledges “no wrong door” for entry into the care system, and
- addresses early intervention and prevention.

Are Co-Occurring Disorders common?

Co-occurring disorders are common. They affect from 7 to 10 million adults in the U.S. each year (U.S. DHHS, 1999; SAMHSA National Advisory Council, 1998). Children, youth, and older adults also may experience co-occurring substance abuse disorders and mental disorders. For youth, forty-three percent (43%) of those receiving mental health services in the United States have been diagnosed with COD (CMHS, 2001).

Although limited information is available on the prevalence of COD in older adults, it is known that, like children and youth, older adults with mental disorders may be especially prone to the adverse effects of drugs and/or alcohol. The presence of severe mental illness may create additional biological vulnerabilities such that even small amounts of psychoactive substances may have adverse consequences, for example, to individuals with schizophrenia or other brain disorders (Drake et al., 1998).

Clearly, there are a substantial number of individuals who experience COD each year. Research and clinical findings illustrate that it is not a rare occurrence, but rather a problem that occurs with consistent frequency that is truly the rule, not the exception. Therefore, it is important that specialized COD programs and ongoing community-based support groups be available for people who are affected by co-occurring disorders.

In Tennessee...

- 115,600 Tennesseans suffering from co-occurring disorders (2000 TDMHDD Needs Assessment).
- Approximately 27% of youth entering Tennessee publicly funded SA programs have co-occurring disorders (Flowers, 2002).

There are more than five times the number of people with mental illness in jails and prisons than in psychiatric hospitals (CJ/MH Consensus Report, 2002)

Is there a single type of Co-Occurring Disorder?

There is no single type of COD because there are many types of emotional or psychiatric disorders. Some forms of mental illness can severely impair an individual's ability to function effectively and relate well to others, while others may not. Some people may be impaired and experience ongoing periodic episodes or cycles. The degree of impairment due to psychiatric illness may vary greatly from mild or moderate to severe, or it may occur in mixed patterns.

The nature of a mental health disorder becomes even more complex when alcohol and/or drug use is involved. For example, there are many types of intoxicating substances that people can choose from. Some people may use only one particular type of substance, while another person may use many different types of substances. Some people may use large amounts of a substance, while other people may not. Some people may use substances daily, while others may use these substances only on periodic binges. It becomes evident that there are many different forms of COD diagnoses based on the different types of mental illnesses and different patterns of alcohol and drug use. However, for COD recovery, an individual will need comprehensive services that enhance recovery of both their mental disorder and their substance use disorder. They all may need ongoing case management and/or a variety of other supportive services.

What are the goals for Co-Occurring Disorders recovery?

Although there are many individual goals for COD recovery, there are three basic core goals:

- 1.** a lifestyle that is free from substance use,
- 2.** that mental health is improved and stable, and
- 3.** a quality of life that is improved.

How these basic goals get accomplished is by a series of interventions and supports that help facilitate a person's COD recovery. In early recovery, some people may require medical care to safely withdraw from alcohol and/or drugs. They may also need medical care to stabilize their acute psychiatric symptoms. Along with treatment, many people with COD benefit from participation in self-help programs such as Dual Recovery Anonymous (DRA) or Double Trouble groups, where they can feel comfortable discussing recovery issues that are related to both their mental disorder and their substance use disorder.

How are COD program capabilities identified?

COD program capability can be identified by using criteria from the Substance Abuse and Mental Health Services Administration's Treatment Improvement Protocol Number 42 (SAMHSA TIP 42). The following are terms used for COD program classification.

Basic: Program has the capacity to provide treatment for one disorder, but also screens for the other disorder and is able to access necessary consultations.

Intermediate: Program will tend to focus primarily on one disorder without substantial modification to its usual treatment, but will also explicitly address some specific needs of the other disorder.

Advanced: Program has chosen to provide integrated substance abuse and mental health treatment for clients with COD. This usually means adding interventions such as mutual self-help and relapse prevention groups in mental health settings, or adding such services as psychoeducational classes on psychiatric symptoms and groups for medication monitoring in substance abuse treatment settings.

Fully Integrated: Program actively combines substance abuse and mental health interventions to treat disorders, related problems, and the whole person.



Provider Listing by Service Region



Directory Key to Provider Services, COD Program Capability and Population

Services:

- AC** = Acute Care
- AF** = Aftercare
- CM** = Case Management
- CR** = Crisis Services
- DT** = Detoxification
- IOP** = Intensive Outpatient
- IPT** = Inpatient Treatment
- MM** = Medication Management
- OP** = Outpatient Treatment
- PHP** = Partial Hospitalization
- RT** = Residential Treatment

COD Program Capability:

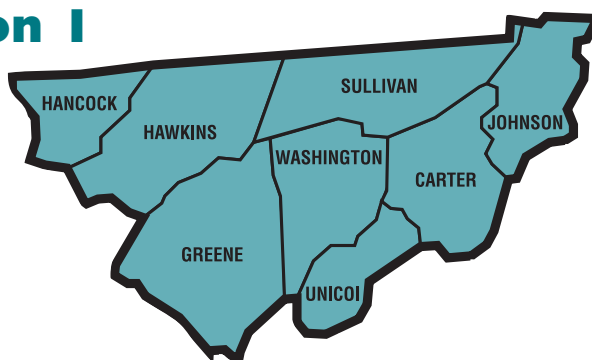
- Basic
- Intermediate
- Advanced
- Fully Integrated

Population:

- A** = Adult
- OA** = Older Adult
- Y** = Youth

Region I

Carter, Greene, Hancock, Hawkins,
Johnson, Sullivan, Unicoi, and
Washington Counties



Programs

Bristol Regional Counseling Center of Frontier Health

26 Midway Street, Bristol, TN 37620

Phone: (423) 989-4500

Services: CM, OP, CR, MM

COD Program Capable: Fully Integrated

Population: A,Y

Charlotte Taylor Center of Frontier Health

426 East G Street, Elizabethton, TN 37643

Phone: (423) 547-5950

Services: CM, OP, CR, MM

COD Program Capable: Fully Integrated

Population: A,Y

Church Street Pavilion of Frontier Health

616 East Church Street, Suite A, Greeneville, TN 37743

Phone: (423) 639-1104

Services: CM, CR, MM

COD Program Capable: Fully Integrated

Population: A

Erwin Mental Health Center of Frontier Health

218 North Main Street, Erwin, TN 37650

Phone: (423) 743-1470

Services: OP, CM, CR, MM

COD Program Capable: Fully Integrated

Population: A,Y

Fairview Associates of Frontier Health

607 Baxter Street, Johnson City, TN 37604

Phone: (423) 232-2670 or 1-800-262-7788

Services: OP, MM

COD Program Capable: Fully Integrated

Population: A,Y

Hancock County Mental Health Clinic of Frontier Health

333 Campbell Drive, Sneedville, TN 37869

Phone: (423) 733-2216

Services: OP, CM, CR, MM

COD Program Capable: Fully Integrated

Population: A, Y

Hawkins County Mental Health Center of Frontier Health

101 Lena Drive, Rogersville, TN, 37857

Phone: (423) 272-9239

Services: OP, CM, CR, MM

COD Program Capable: Fully Integrated

Population: A, Y

Holston Children and Youth Services of Frontier Health

2001 Stonebrook Place, Kingsport, TN 37660

Phone: (423) 224-1000

Services: OP, CM, MM

COD Program Capable: Fully Integrated

Population: Y

Holston Counseling Center of Frontier Health

1570 Waverly Road, Kingsport, TN 37664

Phone: (423) 224-1300

Services: OP, CM, CR, MM

COD Program Capable: Fully Integrated

Population: A

Indian Path Medical Center of Mountain States Health Alliance

2000 Brookside Drive, Kingsport, TN 37660

Phone: (423) 857-5517 or 1-800-366-1132

Services: MM, CR, IOP, DT, IPT

COD Program Capable: Fully Integrated

Population: A, OA, Y

Indian Path Pavilion of Mountain States Health Alliance

2300 Pavilion Drive, Kingsport, TN 37660

Phone: (423) 857-5517 or 1-800-366-1132

Services: MM, CR, IOP, DT, IPT

COD Program Capable: Fully Integrated

Population: A, OA, Y

Johnson County Counseling Center of Frontier Health

318 Donnelly Street, Mountain City, TN 37683

Phone: (423) 727-2100

Services: CM, OP, MM

COD Program Capable: Fully Integrated

Population: A, Y

Magnolia Ridge of Frontier Health

900 Buffalo Street, Johnson City, TN 37604

Phone: (423) 232-4130

Services: RT, MM

COD Program Capable: Fully Integrated

Population: A

**Nolachuckey-Holston Mental Health
Center of Frontier Health**

401 Holston Drive, Greeneville, TN 37743

Phone: (423) 639-1104

Services: OP, CM, CR, MM

COD Program Capable: Fully Integrated

Population: A, Y

Tennessee Community Support Services of Frontier Health

266 North Street, Bristol, TN 37620

Phone: (423) 989-4558

Services: OP, MM, CR

COD Program Capable: Fully Integrated

Population: A

Watauga Behavioral Health Services of Frontier Health

106 West Watauga Avenue, Johnson City, TN, 37605

Phone: (423) 232-2600

Services: OP, CM, CR, MM

COD Program Capable: Fully Integrated

Population: A, Y

Woodridge Hospital of Mountain States Health Alliance

403 State of Franklin Road, Johnson City, TN 37604

Phone: (423) 928-7111

Services: IPT

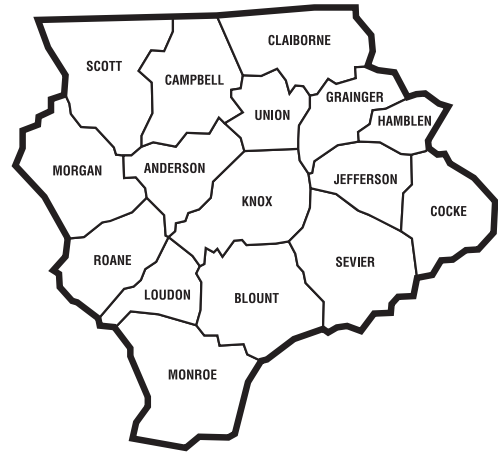
COD Program Capable: Fully Integrated

Population: A, Y



Region 2

Anderson, Blount, Campbell, Claiborne,
Cocke, Grainger, Hamblen, Jefferson,
Knox, Loudon, Monroe, Morgan, Roane,
Scott, Sevier, and Union Counties



Programs

Baptist Hospital of East Tennessee

137 Blount Avenue, Knoxville, TN 37901

Phone: (865) 632-5515

Services: IOP, MM, AF, DT, PHP, IPT

COD Program Capable: Fully Integrated

Population: A, OA

Blount Memorial Hospital Emotional Health and Recovery Center

907 East Lamar Alexander Parkway, Maryville, TN 37804

Phone: (865) 981-2300

Services: DT, IOP, PHP, MM, AC, CR, AF

COD Program Capable: Advanced

Population: A, OA

Brookhaven Retreat

1016 I.C. King Road, Seymour, TN 37865

Phone: (865) 573-3656

Services: DT, RT, IOP, AF

COD Program Capable: Fully Integrated

Population: A (women only)

Cherokee Health Systems

10263 Kingston Pike, Knoxville, TN 37922

Phone: (865) 670-9231

Services: OP

COD Program Capable: Intermediate

Population: A, Y

Cherokee Health Systems

815 West 5th North Street, Morristown, TN 37184

Phone: (423) 586-5032

Services: OP, IOP, AF

COD Program Capable: Fully Integrated

Population: A, Y

Cherokee Health Systems

215 Hedrick Drive, Newport, TN 37821

Phone: (423) 623-5301

Services: OP, AF, IOP

COD Program Capable: Fully Integrated

Population: A, Y

Cherokee Health Systems

7714 Connor Road, Suite 105, Powell, TN 37849

Phone: (865) 947-6220

Services: OP

COD Program Capable: Intermediate

Population: A, Y

Child and Family Tennessee

901 East Summit Hill Drive, Knoxville, TN 37915

Phone: (865) 524-7483 or (800) 445-6538

Services: OP

COD Program Capable: Intermediate

Population: A, OA, Y

Florence Crittenton Agency

1531 Dick Lonas Road, Knoxville, TN 37909

Phone: (865) 602-2021

Services: IOP, AF, RT (Special postpartum/pregnant program)

COD Program Capable: Advanced

Population: A, Y

Helen Ross McNabb Center Adult Center

205 West Springdale, Knoxville, TN 37917

Phone: (865) 637-9711

Services: CM, MM, AF, CR, OP

COD Program Capable: Intermediate

Population: A

Helen Ross McNabb Center

Center Pointe Adult Services

5310 Ball Camp Pike, Knoxville, TN 37921

Phone: (865) 523-4704

Services: DT, RT, IOP

COD Program Capable: Intermediate

Population: A

Helen Ross McNabb Gateway Center

3845 Holston College Road, Louisville, TN 37777

Phone: (865) 524-5757

Services: RT

COD Program Capable: Intermediate

Population: Y (male only)

Hope of East Tennessee Inc.

188 Raleigh Road, Oak Ridge, TN 37830

Phone: (865) 482-4826

Services: IOP, RT

COD Program Capable: Intermediate

Population: A

Knoxville/Knox County Community Action Committee

2247 Western Avenue, Knoxville, TN 37921

Phone: (865) 546-3500

Services: CM, OP

COD Program Capable: Basic

Population: A

Midway Rehabilitation Center

1515 Magnolia Avenue, Knoxville, TN 37927

Phone: (865) 522-0301

Services: IOP, AF

COD Program Capable: Intermediate

Population: A

New Hope Recovery Center

233 West Main Street, Morristown, TN 37814

Phone: (423) 581-2411

Services: IOP

COD Program Capable: Intermediate

Population: A

Peninsula Hospital

2347 Jones Bend Road, Louisville, TN 37777

Phone: (865) 970-9800

Services: DT, IPT

COD Program Capable: Fully Integrated

Population: A, Y

Peninsula Outpatient Center of Blount County

210 Simmons Street, Maryville, TN 37804

Phone: (865) 970-9800

Services: CM, MM, CR, AF, DT, IOP, PHP

COD Program Capable: Fully Integrated

Population: A, Y

Peninsula Outpatient Center of Knox County

6800 Baum Drive, Knoxville, TN 37919

Phone: (865) 970-9800

Services: CM, MM, CR, AF, DT, IOP, PHP

COD Program Capable: Fully Integrated

Population: A, OA, Y

Peninsula Outpatient Center of Loudon County

423 Medical Park Drive, Suite 400, Lenoir City, TN 37772

Phone: (865) 970-9800

Services: CM, MM, CR, AF, DT, IOP, PHP

COD Program Capable: Fully Integrated

Population: A, Y

Peninsula Outpatient Center of Monroe County

520 Cook Street, Suite 1, Madisonville, TN 37354

Phone: (865) 970-9800

Services: CM, MM, CR, AF, DT, IOP, PHP

COD Program Capable: Fully Integrated

Population: A, Y

Peninsula Outpatient Center of Sevier County

124 North Henderson Avenue, Building 1

Sevierville, TN 37862

Phone: (865) 970-9800

Services: CM, MM, CR, AF, DT, IOP, PHP

COD Program Capable: Fully Integrated

Population: A, Y

Ridgeview Outpatient Center of La Follette

110 North Tennessee Avenue, La Follette, TN 37766

Phone: (423) 562-7426

Services: OP, AF, CM, CR, MM

COD Program Capable: Intermediate

Population: A, OA, Y

Ridgeview Outpatient Services - Louise Singleton Center

221 Devonia Street, Harriman, TN 37748

Phone: (865) 882-1164

Services: OP, AF, CM, CR, MM

COD Program Capable: Intermediate

Population: A, OA, Y

Ridgeview Outpatient Services of Scott County Outpatient Center

133 West 2nd Avenue, Oneida, TN 37841

Phone: (423) 569-7979

Services: OP, AF, CM, CR, MM

COD Program Capable: Intermediate

Population: A, OA, Y

Ridgeview Psychiatric Hospital and Center, Inc.

240 West Tyrone Road, Oak Ridge, TN 37830

Phone: (865) 482-1076 or 1-800-834-4178

Services: IPT (Adult), OP, CM, DT, CR, MM, RT

COD Program Capable: Fully Integrated

Population: A, OA, Y

UT Psychological Clinic

1404 Circle Drive, 227 Austin Peay Building, Knoxville, TN 37996

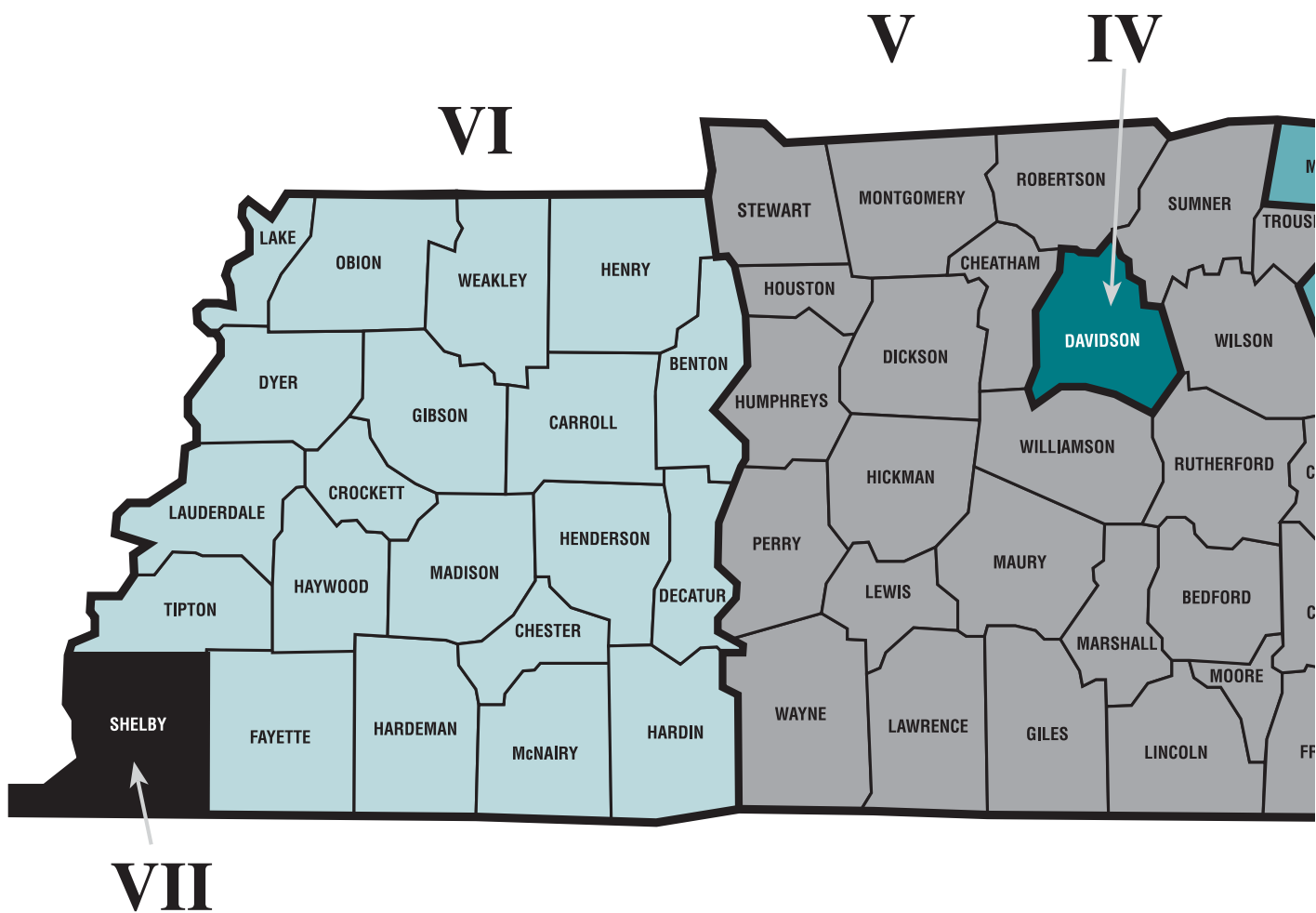
Phone: (865) 974-2161

Services: OP

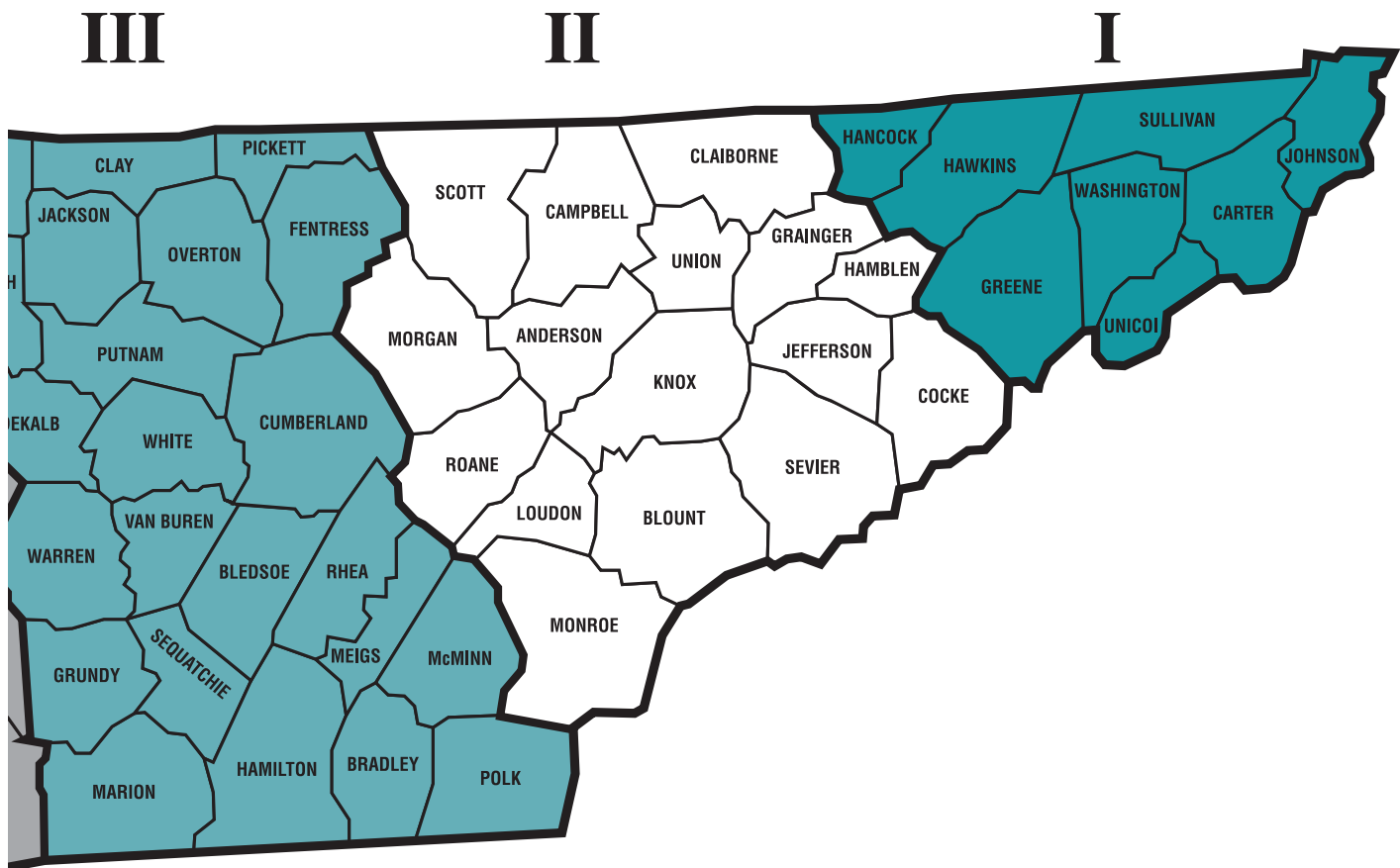
COD Program Capable: Basic

Population: A, Y

TDMHDD Service Regions

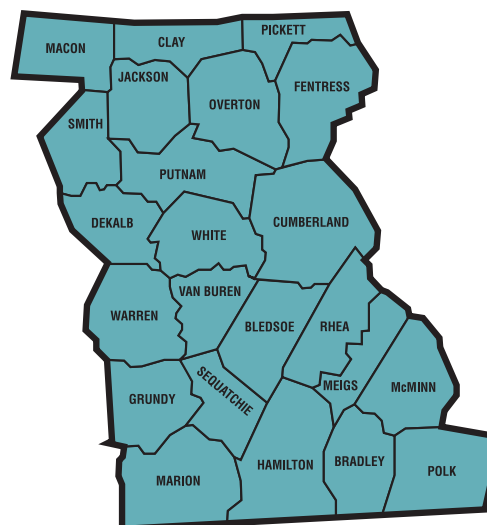


TDMHDD Service Regions



Region 3

Bledsoe, Bradley, Clay, Cumberland, Dekalb, Fentress, Grundy, Hamilton, Jackson, Macon, Marion, McMinn, Meigs, Overton, Pickett, Polk, Putnam, Rhea, Sequatchie, Smith, Vanburen, Warren, and White Counties



Programs

Cleveland Community Hospital

Pine Ridge Treatment Center

2800 Westside Drive, Cleveland, TN 37312

Phone: (423) 339-4166 or 1-800-414-4134

Services: CM, MM, CR, AF, DT, IOP, PHP, IPT

COD Program Capable: Advanced

Population: A

Council for Alcohol and Drug Abuse Services (CADAS)

207 Spears Avenue, Chattanooga, TN 37405

and

Scholz Center for Adolescents

911 Pineville Road, Chattanooga, TN 37405

Phone: (423) 756-7644

Services: RT, PHP, IOP, CR, AF, DT

COD Program Capable: Advanced

Population: A, Y

Focus Healthcare of Tennessee

7429 Shallowford Road, Chattanooga, TN 37421

Phone: (423) 308-2560

Services: DT, IPT, RT, PHP

COD Program Capable: Intermediate

Population: A

Fortwood Center, Inc.

1028 East 3rd Street, Chattanooga, TN 37403

and

601 Cumberland, Suite A, Chattanooga, TN 37404

Phone: (423) 266-6751

Services: OP, CR, CM, MM, IOP

COD Program Capable: Intermediate

Population: A, Y

Parkridge Valley Hospital

2200 Morris Hill Road, Chattanooga, TN 37421

Phone: (423) 894-4220

Services: MM, DT, IOP, PHP, IPT

COD Program Capable: Fully Integrated

Population: A,Y

Volunteer Behavioral Healthcare System**Cheer Mental Health Center**

120 Omni Drive, McMinnville, TN 37110

Phone: 1-877-567-6051

Services: OP

COD Program Capable: Intermediate

Population: A

Volunteer Behavioral Healthcare System**Cumberland Mountain Mental Health Center**

4325 Highway 127 North, Crossville, TN 38571

Phone: 1-877-567-6051 (intake) or (931) 484-8020

Services: OP

COD Program Capable: Intermediate

Population: A,Y

Volunteer Behavioral Healthcare System**Dale Hollow Mental Health Center**

501 Spruce Street, Livingston, TN 38570

Phone: 1-877-567-6051 (intake) or (931) 823-5678

Services: OP

COD Program Capable: Intermediate

Population: A

Volunteer Behavioral Healthcare System**Hiwassee Mental Health Center**

1805 Ingleside Avenue, Athens, TN 37303

Phone: 1-877-567-6051 (intake) or (423) 745-8802

Services: OP

COD Program Capable: Intermediate

Population: A,Y

Volunteer Behavioral Healthcare System**Hiwassee Mental Health Center**

1855 Executive Park NW, Cleveland, TN 37312

Phone: 1-877-567-6051 (intake) or (423) 479-5454

Services: OP

COD Program Capable: Intermediate

Population: A,Y

**Volunteer Behavioral Healthcare System
Johnson Mental Health Center**

420 Bell Avenue, Chattanooga, TN 37405
Phone: 1-877-567-6051 (intake) or (423) 634-8884
Services: OP, CM, CR
COD Program Capable: Advanced
Population: A, OA, Y

**Volunteer Behavioral Healthcare System
Mountain Valley Mental Health Center**

215 Hickman Road, Jasper, TN 37347
Phone: 1-877-567-6051 (intake) or (423) 942-3961
Services: MM, DT, IOP, PHP
COD Program Capable: Intermediate
Population: A, Y

**Volunteer Behavioral Healthcare System
Plateau Mental Health Center**

1200 South Willow Avenue, Cookeville, TN 38502
Phone: 1-877-567-6051 (intake) or (931) 432-4123
Services: CM, DT, RT, OP, CR
COD Program Capable: Advanced
Population: A, Y

**Volunteer Behavioral Healthcare System
Rhea County Mental Health Center**

7200 Rhea County Highway, Dayton, TN 37321
Phone: 1-877-567-6051 (intake) or (423) 570-0077
Services: OP
COD Program Capable: Intermediate
Population: A

**Volunteer Behavioral Healthcare System
Valley Ridge**

907 Sycamore Street, Lafayette, TN 37083
Phone: 1-877-567-6051 (intake) or (615) 666-8070
Services: OP
COD Program Capable: Intermediate
Population: A, Y



Region 4

Davidson County



Programs

Centerstone

620 Gallatin Road South, Madison, TN 37115

Phone: (615) 460-4357

Services: CM, MM, AF

COD Program Capable: Fully Integrated

Population: A, OA, Y

Centerstone

1101 6th Avenue North, Nashville, TN 37208

Phone: (888) 291-4357 (HELP)

Services: OP

COD Program Capable: Intermediate

Population: A

Centerstone

230 Venture Circle, Nashville, TN 37228

Phone: (888) 291-4357 (HELP)

Services: OP

COD Program Capable: Intermediate

Population: Y

Centerstone

1921 Ransom Place, Nashville, TN 37217

Phone: (888) 291-4357 (HELP)

Services: OP

COD Program Capable: Fully Integrated

Population: A, Y

Centerstone

633 Thompson Lane, Nashville, TN 37204

Phone: (888) 291-4357 (HELP)

Services: OP

COD Program Capable: Intermediate

Population: OA

**Continuum Nashville
Community Mental Health Center**

220 Venture Circle, Nashville, TN 37228

Phone: (615) 620-7102

Services: PHP, IOP

COD Program Capable: Advanced

Population: A, OA, Y

**Meharry Medical College
Elam Mental Health Center**

1005 Dr. D. B. Todd Jr. Boulevard, Nashville, TN 37208

Phone: (615) 327-6255

Services: RT, PHP, OP

COD Program Capable: Fully Integrated

Population: A, Y

**Mental Health Cooperative
Davidson County Office**

275 Cumberland Bend, Nashville, TN 37228

Phone: (615) 726-3340

Services: CM, CR, MM

COD Program Capable: Fully Integrated

Population: A, OA, Y

Metro Public Health Department and Downtown Clinic for the Homeless

526 8th Avenue South, Nashville, TN 37203

Phone: (615) 862-7900

Services: PHP, IOP, PE

COD Program Capable: Basic

Population: A, OA

Nashville Cares

501 Brick Church Park Drive, Nashville, TN 37207

Phone: (615) 259-4866

Services: OP

COD Program Capable: Intermediate

Population: A (must also be HIV positive)

Park Center East

948 Woodland Street, Nashville, TN 37206

Phone: (615) 650-5550

Services: CM, MM, OP, AF

COD Program Capable: Fully Integrated

Population: A

Parthenon Pavilion CMC

2401 Parman Place
Nashville, TN 37203
Phone: (615) 342-1400
Services: AC, DT, IPT
COD Program Capable: Fully Integrated
Population: A, OA

Pathfinders, Inc.

770 Madison Square, Madison, TN 37115
Phone: (615) 865-8333
Services: OP, IOP, AF
COD Program Capable: Intermediate
Population: A, OA

**Renewal House**

PO Box 280356
Nashville, TN 37228
Phone: (615) 255-5222, Ext. 112
Services: IOP, RT
COD Program Capable: Intermediate
Population: A (women only)

Samaritan Recovery Community

319 South Fourth Street, Nashville, TN 37206
Phone: (615) 244-4802
Services: RT, AF
COD Program Capable: Advanced
Population: A

Skyline Madison Campus

500 Hospital Drive, Madison, TN 37115
Phone: (615) 860-0426 or 1-800-467-8262
Services: DT, AC, IPT, PHP, IOP, OP
COD Program Capable: Fully Integrated
Population: A, OA, Y

Vanderbilt Medical Center

1601 23rd Avenue South, Nashville, TN 37212
Phone: (615) 327-7000 or (615) 327-7188
Services: AC, DT, IPT, OP
COD Program Capable: Advanced
Population: A, Y

Region 5

Bedford, Cheatham, Coffee, Cannon, Dickson, Franklin, Giles, Hickman, Houston, Humphreys, Lawrence, Lewis, Lincoln, Maury, Marshall, Montgomery, Moore, Perry, Robertson, Rutherford, Stewart, Sumner, Trousdale, Wayne, Williamson, and Wilson Counties



Programs

Carlton G. Wood, Ph.D and Deborah S. Wood LADAC

115 Castle Heights Avenue North, Suite 202, Lebanon,
TN 37087

Phone: (615) 453-0601

Services: OP, AF

COD Program Capable: Fully Integrated

Population: A, Y

Centerstone

704 Highway 100, Suite 101, Centerville, TN 37033

Phone: 1-888-291-4357 (HELP)

Services: OP, CR

COD Program Capable: Intermediate

Population: A, OA, Y

Centerstone

511 8th Street, Clarksville, TN 37040

Phone: 1-888-291-4357 (HELP)

Services: OP

COD Program Capable: Fully Integrated

Population: A, Y

Centerstone

1222 Medical Center Drive, Columbia, TN 38401

Phone: 1-888-291-4357 (HELP)

Services: OP, CR

COD Program Capable: Intermediate

Population: A, OA, Y

Centerstone

721 Highway 46 South, Dickson, TN 37055

Phone: 1-888-291-4357 (HELP)

Services: OP

COD Program Capable: Intermediate

Population: A,Y

Centerstone

416 South Main Street, Estill Springs, TN 37330

Phone: 1-888-291-4357 (HELP)

Services: OP

COD Program Capable: Intermediate

Population: A,Y

Centerstone

2241 Thornton Taylor Parkway, Fayetteville, TN 37334

Phone: 1-888-291-4357 (HELP)

Services: OP

COD Program Capable: Intermediate

Population: A,Y

Centerstone

332 Summer Hall Drive, Gallatin, TN 37066

Phone: 1-888-291-4357 (HELP)

Services: OP

COD Program Capable: Intermediate

Population: A,Y

Centerstone

912 Summertown Highway, Hohenwald, TN 38462

Phone: 1-888-291-4357 (HELP)

Services: OP

COD Program Capable: Intermediate

Population: A,Y

Centerstone

1090 Old Florence Road, Lawrenceburg, TN 38464

Phone: 1-888-291-4357 (HELP)

Services: OP

COD Program Capable: Intermediate

Population: A,Y

Centerstone

1221 Nashville Highway, Lewisburg, TN 37091

Phone: 1-888-291-4357 (HELP)

Services: OP

COD Program Capable: Intermediate

Population: A,Y

Centerstone

1002 Brindley Drive, Pulaski, TN 38478

Phone: 1-888-291-4357 (HELP)

Services: OP

COD Program Capable: Intermediate

Population: A,Y

Centerstone

713 Cheatham Street, Springfield, TN 37172

Phone: 1-888-291-4357 (HELP)

Services: OP

COD Program Capable: Intermediate

Population: A,Y

Centerstone

1803 North Jackson Street or 709 Davidson Street,
Tullahoma, TN 37388

Phone: (931) 461-1300 or 1-888-291-4357 (HELP)

Services: OP

COD Program Capable: Intermediate

Population: A,Y

Centerstone

418 South Main Street, Waynesboro, TN 38485

Phone: 1-888-291-4357 (HELP)

Services: OP

COD Program Capable: Intermediate

Population: A,Y

Centerstone

105 Waverly Plaza, Waverly, TN 37185

Phone: 1-888-291-4357 (HELP)

Services: OP

COD Program Capable: Intermediate

Population: A,Y

Cumberland Mental Health

1070 Old Highway 109 North, Gallatin, TN 37066
Phone: 1-877-567-6051 (intake) or (615) 452-1354
Services: OP
COD Program Capable: Intermediate
Population: A,Y

Cumberland Mental Health

133 Indian Lake Drive, Hendersonville, TN 37075
Phone: 1-877-567-6051 (intake) or (615) 824-5801
Services: OP
COD Program Capable: Intermediate
Population: A,Y

Cumberland Mental Health

1404 Winter Drive, Lebanon, TN 37087
Phone: 1-877-567-6051 (intake) or (615) 444-4300
Services: OP
COD Program Capable: Intermediate
Population: A,Y

Mental Health Cooperative**Dickson County Office**

105 1/2 Mathis Drive, Suite D, Dickson, TN 37228
Phone: 615-446-3061
Services: CM, CR, MM
COD Program Capable: Intermediate
Populations: A, OA,Y

Mental Health Cooperative**Sumner County Office**

650-5 C&D Nashville Pike, Gallatin, TN 37066
Phone: 615-230-9663
Services: CM, CR, MM
COD Program Capable: Intermediate
Populations: A, OA,Y

New Life Lodge

999 Girl Scout Road, Burns, TN 37029
Phone: (615) 446-7034 or 1-800-365-3899
Services: DT, RT, OP
COD Program Capable: Intermediate
Population: A,Y

Pathfinders, Inc.

875 Highway 231 South, Castalian Springs, TN 37031

Phone: 1-800-553-2540

Services: OP, DT (Social), PHP, RT

COD Program Capable: Basic

Population: A

Pathfinders, Inc.

432 East Main Street, Gallatin, TN 37066

Phone: 1-800-553-2540

Services: IOP, OP

COD Program Capable: Basic

Population: A

Pathfinders, Inc.

815 South Church Street, Murfreesboro, TN 37130

Phone: 1-800-553-2540

Services: OP

COD Program Capable: Basic

Population: A

The Ranch

6107 Pinewood Road, Nunnally, TN 37137

Phone: 1-800-849-5969

Services: RT, AF

COD Program Capable: Fully Integrated

Population: A

**Tennessee Valley Healthcare System****Alvin C. York Campus**

3400 Lebanon Pike, Murfreesboro, TN 37129

Phone: (615) 867-6000

Services: DT, RT, OP, PHP

COD Program Capable: Advanced

Population: A

Volunteer Behavioral Healthcare System**The Guidance Center**

1915 Columbia Avenue, Franklin, TN 37064

Phone: 1-877-567-6051 (intake) or (615) 794-9973

Services: OP

COD Program Capable: Intermediate

Population: A, AC

**Volunteer Behavioral Healthcare System
The Guidance Center**

118 North Church Street, Murfreesboro, TN 37130
Phone: 1-877-567-6051 (intake) or (615) 893-0770
Services: OP, MM, CR, AF
COD Program Capable: Intermediate
Population: A, AC, G

**Volunteer Behavioral Healthcare System
The Guidance Center**

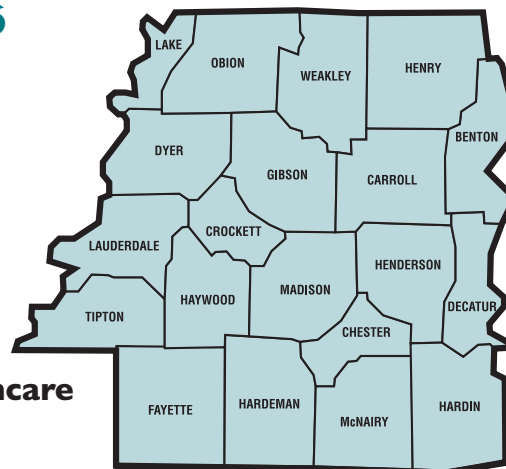
2126 North Thompson Lane, Murfreesboro, TN 37129
Phone: 1-877-567-6051 (intake) or (615) 898-0771
Services: AF, CM, IOP, MM
COD Program Capable: Intermediate
Population: A, OA, Y

**Volunteer Behavioral Healthcare System
The Guidance Center**

131 Mayfield Drive, Smyrna, TN 37167
Phone: 1-877-567-6051 (intake) or (615) 459-9251
Services: OP, AF, CM, MM
COD Program Capable: Intermediate
Population: A, OA, Y

Region 6

Benton, Carroll, Chester, Crockett, Decatur, Dyer, Fayette, Gibson, Hardeman, Hardin, Haywood, Henderson, Henry, Lake, Lauderdale, Madison, McNairy, Obion, Tipton, and Weakley Counties



Programs

Baptist Memorial Hospital Behavioral Healthcare

1201 Bishop Street, Union City, TN 38261

Phone: (731) 884-8400

Services: MM, CR, AF, DT, IOP, PHP, IP

COD Program Capable: Advanced

Population: A, Y

Carey Counseling Center, Inc.

300 Highway 641 North, Camden, TN 38320

Phone: (731) 584-6999 or 1-800-611-7757

Services: CM, MM, CR, AF

COD Program Capable: Advanced

Population: A, OA, Y

Carey Counseling Center, Inc.

19410 Main Street, Huntingdon, TN 38344

Phone: (731) 986-4411 or 1-800-611-7757

Services: CM, MM, CR, AF

COD Program Capable: Advanced

Population: A, OA, Y

Carey Counseling Center-Main Office

408 Virginia Street, Paris, TN 38242

Phone: (731) 641-0626 or 1-800-611-7757

Services: CM, MM, CR, AF

COD Program Capable: Advanced

Population: A, OA, Y

Carey Counseling Center, Inc.

200 East Eaton Street, Trenton, TN 38382

Phone: (731) 855-2871 or 1-800-611-7757

Services: CM, MM, CR, AF

COD Program Capable: Advanced

Population: A, OA, Y

Carey Counseling Center, Inc.

201 West Main Street, Suite C, Union City, TN 38261

Phone: (731) 885-8810 or 1-800-611-7757

Services: CM, MM, CR, AF

COD Program Capable: Advanced

Population: A, OA, Y

Family Counseling Services of Jackson, Inc.

3363 North Highland Avenue, Jackson, TN 38305

Phone: (731) 660-5598

Services: IOP

COD Program Capable: Advanced

Population: A, OA, Y

Lakeside Behavioral Health System of Jackson

135 Stonebridge Boulevard, Jackson, TN 38305

Phone: (731) 664-0010 or 1-800-439-2088

Services: MM, OP, AF, IOP

COD Program Capable: Advanced

Population: A, OA, Y

Pathways of Tennessee, Inc.

429 West Main Street, Brownsville, TN 38012

Phone: (731) 772-4685 or 1-800-587-3854

Services: CM, CR, IOP

COD Program Capable: Advanced

Population: A, OA, Y

Pathways of Tennessee, Inc.

2035 St. John Avenue, Dyersburg, TN 38024

Phone: (731) 285-1393 or 1-800-587-3854

Services: CM, MM, CR, AF, DT, IOP

COD Program Capable: Advanced

Population: A, OA, Y

Pathways of Tennessee, Inc.

238 Summar Drive, Jackson, TN 38301

Phone: (731) 935-8200 or 1-800-587-3854

Services: CM, MM, RT, CR, AF, DT, IOP

COD Program Capable: Advanced

Population: A, OA, Y

Pathways of Tennessee, Inc.

457 Hannings Lane, Martin, TN 38237

Phone: (731) 587-3854

Services: OP, CR, CM

COD Program Capable: Advanced

Population: A, OA, Y

Pathways of Tennessee, Inc.

930 Mount Zion Road, Union City, TN 38261

Phone: (731) 885-9333

Services: OP, CM

COD Program Capable: Advanced

Population: A, Y

Professional Care Services

1997 Highway 51 South, Covington, TN 38019

Phone: (901) 476-8967

Services: CM, MM, AF, IOP

COD Program Capable: Fully Integrated

Population: A, OA, Y

Professional Care Services of West Tennessee

130 West Main Street, Brownsville, TN 38012

Phone: (731) 772-9002

Services: OP

COD Program Capable: Fully Integrated

Population: A

Professional Care Services of West Tennessee

2380 Henry Street, Dyersburg, TN 38024

Phone: (731) 287-1794

Services: OP

COD Program Capable: Fully Integrated

Population: A, Y

Professional Care Services of West Tennessee

403 Commerce Street, Ripley, TN 38063

Phone: (731) 635-3968

Services: CM, MM, CR, AF, OP

COD Program Capable: Fully Integrated

Population: A, OA, Y

Professional Care Services of West Tennessee

12615 South Main Street, Somerville, TN 38068

Phone: (901) 465-9831

Services: CM, MM, OP, CR, AF, IOP

COD Program Capable: Fully Integrated

Population: A, OA, Y

Quinco Mental Health Center

10710 Old Highway 64, Bolivar, TN 38008

Phone: (731) 658-6113 or 1-800-532-6339

Services: CM, MM, OP, CR, AF

COD Program Capable: Advanced

Population: A, OA, Y

Quinco Mental Health Center

259 West Main Street, Decaturville, TN 38329

Phone: (731) 852-3112

Services: OP

COD Program Capable: Advanced

Population: A, OA, Y

Quinco Mental Health Center

925 East Main Street, Henderson, TN 38340

Phone: (731) 989-3401

Services: OP

COD Program Capable: Advanced

Population: A

Quinco Mental Health Center

45 Executive Drive, Jackson, TN 38305

Phone: (731) 664-2083

Services: OP

COD Program Capable: Advanced

Population: A

Quinco Mental Health Center

120 East Church Street, Lexington, TN 38351

Phone: (731) 967-8803

Services: OP

COD Program Capable: Advanced

Population: A

Quinco Mental Health Center

1105 Pickwick Road, Savannah, TN 38372

Phone: (731) 952-5054

Services: OP

COD Program Capable: Advanced

Population: A

Quinco Mental Health Center

641 East Poplar Street, Selmer, TN 38375

Phone: (731) 645-5753

Services: OP

COD Program Capable: Advanced

Population: A

Wayne County Mental Health Center

418 South Main Street, Waynesboro, TN 38485

Phone: (931) 722-3644

Services: OP

COD Program Capable: Basic

Population: A,Y

Region 7

Shelby County



Programs

Case Management, Inc.

4041 Knight Arnold Road, Memphis, TN 38118

Phone: (901) 821-5600

Services: CM, MM

COD Program Capable: Advanced

Population: A, OA, Y

Compass Intervention Center

7900 Lowrance, Memphis, TN 38125

Phone: (901) 758-2002 or (888) 266-7279

Services: CM, MM, OP, RT

COD Program Capable: Fully Integrated

Population: Y

Comprehensive Counseling Network

2150 Whitney, Memphis, TN 38127

Phone: (901) 353-5440

Services: CM, MM, OP

COD Program Capable: Fully Integrated

Population: A, OA, Y

Delta Medical Center

3000 Getwell, Memphis, TN 38118

Phone: (901) 369-6021

Services: MM, OP, IPT, CR, AF, DT, IOP, PHP

COD Program Capable: Fully Integrated

Population: A, OA

Foundations Associates

2009 Lamar Avenue, Memphis, TN 38114

Phone: 1-877-345-3216

Services: RT

COD Program Capable: Fully Integrated

Population: A

Genesis House

300 North Bellevue, Memphis, TN 38105

Phone: (901) 726-9786

Services: RT

COD Program Capable: Fully Integrated

Population: A

Grace House

329 North Bellevue, Memphis, TN 38105

Phone: (901) 722-8460

Services: CM, MM, OP, RT, AF, DT (Social)

COD Program Capable: Intermediate

Population: A (females only)

Harbor House

1979 Alcy Road, Memphis, TN 38114

Phone: (901) 743-1836

Services: CM, MM, OP, RT, AF, DT (Social), IOP

COD Program Capable: Advanced

Population: A, OA

Lakeside Behavioral Health

2911 Brunswick, Memphis, TN 38133

Phone: (901) 377-4733 or 1-800-232-5253 (LAKE)

Services: MM, OP, RT, DT, IOP, PHP

COD Program Capable: Fully Integrated

Population: A, OA, Y

Memphis Alcohol and Drug Council

1430 Poplar Avenue, Memphis, TN 38104

Phone: (901) 274-0056

Services: OP

COD Program Capable: Intermediate

Population: A, Y

Memphis City Schools

2930 Airways Boulevard, Memphis, TN 38116

Phone: (901) 416-5810

Services: OP

COD Program Capable: Intermediate

Population: Y

Memphis Recovery Centers

219 Montgomery Avenue, Memphis, TN 38104

Phone: (901) 272-7751

Services: CM, MM, RT, AF, DT, IOP

COD Program Capable: Intermediate

Population: A, OA, Y

Memphis Treatment Center for Research and Addiction Treatment

1270 Madison, Memphis, TN 38104

Phone: (901) 722-9420

Services: DT (methadone maintenance) OP

COD Program Capable: Basic

Population: A (methadone clients only)

Midtown Mental Health Center

427 Linden Avenue, Memphis, TN 38126

Phone: (901) 577-0200

Services: CM, MM, IOP, CR

COD Program Capable: Fully Integrated

Population: A, OA, Y

Professional Care Services of West Tennessee

5281 Navy Road, Millington, TN 38053

Phone: (901) 873-0305

Services: OP

COD Program Capable: Intermediate

Population: A

Southeast Mental Health Center

3628 Summer Avenue, Memphis, TN 38122

Phone: (901) 452-6941

and

3810 Winchester, Memphis, TN 38118

Phone: (901) 369-1400

and

2579 Douglas Street, Memphis, TN 38114

Phone: (901) 369-1400

Services: OP

COD Program Capable: Intermediate

Population: A

St Francis Hospital Dual Diagnosis

5959 Park Avenue, Memphis, TN 38119

Phone: (901) 765-1400 or 1-800-538-7540

Services: IP, DT

COD Program Capable: Fully Integrated

Population: A

Whitehaven Southwest Mental Health Center

1087 Alice Avenue, Memphis, TN 38106

Phone: (901) 259-1920

Services: CM, MM, OP, CR, IOP

COD Program Capable: Fully Integrated

Population: A, OA, Y

Regional Mental Health Institutes and Support Groups



Tennessee Regional Mental Health Institutes

Lakeshore Mental Health Institute

Lee Thomas, Chief Officer
Kay Blakney, COD Coordinator
5908 Lyons View Pike
Knoxville, TN 37919-7598
(865) 584-1561

Moccasin Bend Mental Health Institute

William Ventress, Chief Officer
Marge Langston and Rob Cotterman, COD Coordinators
Moccasin Bend Road
Chattanooga, TN 37405
(423)265-2271

Middle Tennessee Mental Health Institute

Lynn McDonald, Chief Officer
Walter Wilson, COD Coordinator
221 Stewarts Ferry Pike
Nashville, TN 37214-3325
(615) 902-7400

Western Mental Health Institute

Roger Pursley, Chief Officer
Ernest Jones and Pat Sewell, COD Coordinators
Highway 64 West
Bolivar, TN 38074
(731) 228-2000

Memphis Mental Health Institute

Lawrence Ventura, Chief Officer
Melissa Riggs, COD Coordinator
865 Poplar Avenue
Memphis, TN 38174-0966
(901) 524-1200

Support Group Information

Alcoholics Anonymous Tennessee Intergroups

Chattanooga Area Central Office
5932 Pine Grove Trail, Suite 104
Chattanooga, TN 37421
(423) 499-6003
E-mail: chattaca@aol.com

Jackson West Tennessee Intergroup
2053 A Hollywood Drive
Jackson, TN 38305
24 hour toll free: 1-877-426-8330

East Tennessee Intergroup
1409 Magnolia Avenue, Suite #3
Knoxville, TN 37917
(865) 974-9888
24 hour answering service: (865) 522-9667
<http://www.korrnet.org/etaa>

Memphis Area Intergroup
5119 Summer Avenue
Room 315
Memphis, TN 38122
24 hour answering service: (901) 454-1414
<http://www.memphis-aa.org>

Middle Tennessee Central Office
176 Thompson Lane, Suite G-1
Nashville, TN 37211
24 hour answering service: (615) 831-1050
Fax: (615) 834-5982
Toll Free: 1-800-559-2252 (outside of local area)
E-mail: mtcoaa@aol.com or <http://www.aanashville.org>

Oficina Central De Intergrupos Hispana De Nashville TN

2803A Nashville, TN 37211
(615) 582-2677

Al-Anon/Alateen Tennessee

Tennessee Web Site: www.tn-al-anon.org

Cocaine Anonymous Tennessee

Jackson: 1-800-378-4044
Memphis: (901) 725-5010
Nashville: (615) 747-5483

Depression and Bipolar Support Alliance

For meeting information: <http://www.dbsalliance.org>

Dual Recovery Anonymous Tennessee

For meeting information: <http://www.draonline.org>

NAMI Tennessee (National Alliance for the Mentally Ill)

1-800-467-3589

www.namitn.org

Narcotics Anonymous

Chattanooga: (423) 899-6500

Johnson City: (423) 929-1800

Knoxville: (423) 521-1989

Memphis: (901) 276-LIVE (5483)

Nashville: (615) 251-7462

Regional Helpline: 1-800-677-1462

Nar Anon Family Services

For meeting information: <http://nar-anon.org>

Schizophrenics Anonymous

For more information:

<http://www.nsfoundation.org/sa/index.html>

Grant me the
Serenity to accept the
things I cannot change;
Courage to change
the things I can;
and Wisdom to know
the difference.

— Reinhold Niebuhr
(1892-1971)

A publication of
the Tennessee Department of Mental Health and
Developmental Disabilities,
Division of Special Populations and
Minority Services

Office of Co-Occurring Disorders Services

Cordell Hull Building, 5th Floor
425 5th Avenue North
Nashville, Tennessee 37243
Phone: (615) 532-6719
Fax: (615) 253-5080

For more information contact
Tennessee REDLINE at 1-800-889-9789



Tennessee Department of Mental Health and Developmental Disabilities. Authorization No. 339501, 2,000 copies, June 2007. This public document was promulgated at a cost of \$4.48 per copy.
